



## WHAT YOU GET:

- ◆ An extraordinary experience that **creates a bond with staff**, while prepping, cooking, and enjoying the same meal... together, remotely.
- ◆ An opportunity to **build your staff's confidence and morale** as they participate in a start-to-finish guided project (simple-to-follow recipes) to **increase collaboration and retention**.
- ◆ An option to tailor the seminar as an “end-of-day event” to **show staff appreciation**.

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### Participants Rave:

“*Take Your Seat Around the Table was an absolute blast! I loved how unique and different it was... And I think everyone else had a lot of fun!*”  
—Executive Director, Ohio Non-Profit Organization

“*Thank You! I enjoyed it! Bob's program was a neat twist on the typical virtual meeting!*”  
—Area President, Financial Services Company

**Food initiates connectivity, signifies comfort, and strengthens community.**

*(Cornell University)*

**Food can be used strategically to help people work together and build trust.**

*(Journal of Consumer Psychology Study)*



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**Contact Bob now to schedule your Food-ology Seminar or get more details.**

**Give your team a unique experience to connect, create, and strengthen your workplace community.**

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**BOB** KEYNOTE, CONFERENCE,  
and CORPORATE SPEAKER  
**PACANOVSKY**  
*Creating an impression that LASTS!*

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*Keynote, Conference and Company Speaker*